

# vPlus FAMILY FESTIVAL PROGRAMME October 2020

## 22-26 OCTOBER 2020

The vPlus Family Festival is an online event especially created for families with children with creative and enquiring minds.

Families registering for the vPlus Festival will receive access to the whole festival over the 5 days it is running. Festival access will be through login on a dedicated website. The website is created and owned by Potential Plus UK but is separate to our main website. Access details will be provided to registered families closer to the date of the festival.

### Programme

The festival provides a programme of **live presentations** across the 5 days and **creative challenges** over the Saturday and Sunday.

There will be presentations:

- For the whole family.
- For families with children of certain ages but accessible by all families as deemed appropriate. **They are all intended to be viewed together with your child.**
- For parents and carers, including some 'round table' discussions.
- Some presentations will have opportunities for Q&A via the Zoom chat box (family to host only).
- Most will encourage families to participate in an activity at home during the presentation.
- The parent/carer round table discussions will enable parents/carers to share their ideas and experiences with others in the session.

The presentations will be recorded and posted later on the dedicated website so that 'ticket-holder' families unable to join the live sessions can watch and enjoy them afterwards.

**Message just coming in from NASA:** We have just heard that the **Federation of Intelligence** from outer space will be within communication distance during this precise weekend! We will be asking our families to help us communicate with them and solve any problems or challenges that might arise. More information will be posted on the dedicated website on the Saturday and Sunday of the festival.

**Creative challenges** throughout the festival will be centred around our communication with aliens from the **Federation of Intelligence**. It will include the opportunity for young people to create the Federation's Home World in **MINECRAFT**. This will be a private, moderated server (PC based only). Your child's Minecraft Username is requested during registration and only those registered will be able to participate.

**The festival community** is an integral part of this event. A dedicated, private Facebook group for festival goers only will enable families to share their creations from the presentations and say 'Hi' to their fellow festival goers.

## Programme Overview

All sessions duration: 1 hour + Q&A

Time	Age Guidance	Thursday 22	Friday 23	Saturday 24	Sunday 25	Monday 26
0930	5-8		Dan Mayfield: Drawing Sounds	Rowan Bendall: Your Brain, a User's Guide to Thinking	Catherine Holden: Top Secret Guide to Spies and Spycraft	20Twenty: Name in Motion
1130	8-11		Paul Cookson: Lines Online	20Twenty: Zine It!	Got-a-Head? A Magic Roundabout	Catherine Holden: Battle for Food: Rationing in WW2
1400	11-14		Paul Pickford: The Ultimate Monster Design	Tom Briggs: The Mathematics of Black Holes	Jake Scott: Conservative Revolution: Paradox or Possibility? Political theory in action	Susannah White: Inspiring Originality
1600	Parent		Awaiting confirmation	Joe Seddon: Why now is the time to start thinking about university	Rowan Bendall: What about me? Self-care for uncertain times	Dennis Sherwood: How to encourage creativity in your child
1800	Family	Julie Taplin: Welcome at 17.45  Bobby Seagull: Potential Plus UK Ambassador How to be successful	Jason Buckley: The Philosophy Buffet	Bobby Seagull: Family Quiz Night	Gregor Forrest: Mobile Photography: How to create stunning images	Jeff Forshaw Potential Plus UK Ambassador Einstein's Special Theory of Relativity  Julie Taplin Goodbye and Thanks
2000	Parent	Aileen Hoare: How to Grow a Real Mathematician	Rebecca Howell: Parent Discussion on Executive Function Skills	Rebecca Howell Parent Discussion on Educational Strategies for HLP Young People	Got-a-head? Think Better, Do Better, Feel Better!	

## Programme Detail

### Thursday 22

1800	Family	Bobby Seagull	How to be successful	Bobby will show you how your mindset can help unlock your potential. He'll also share how he prepares his mind to take on the puzzles and quizzes he loves so much!
2000	Parent	Aileen Hoare	How to Grow a Real Mathematician (best planted as early as possible)	Is your child a human calculator or a mathematician? This presentation will look at what it actually means to be a <i>real</i> mathematician; the skills and attributes a child needs and how we as parents can help to foster and encourage their development.

### Friday 23

0930	5-8	Dan Mayfield	School of Noise: Drawing Sounds	Join Dan Mayfield from the School of Noise as he explores alternative methods that can be used to compose and perform music. During the presentation you can learn the history of graphic scores and study various examples. There will also be a chance to make your very own unique piece of sound art.
1130	8-11	Paul Cookson	Lines Online	Join Poet Paul Cookson for a bespoke poetry presentation where you are the poet exploring different ways of producing and arranging ideas. Paul will guide you through and point you in the right direction – but your input is what is important! Fun and success guaranteed as you write your lines – online.
1400	11-14	Paul Pickford	The Ultimate Monster Design	Challenge and sharpen your art skills in this fun art session. Using classic monster designs as inspiration you will be working with award winning illustrator Paul Pickford to design a monstrous new creation. We'll be looking at progressing drawing skills through 1D to 3D, pencil skills such as how to use light and shade, and also rendering using colour and markers to add some professional touches to your artwork.
1600	Parent		Awaiting confirmation	

1800	Family	Jason Buckley	The Philosophy Buffet	In this session, Jason Buckley will share a tasting menu of mind-bending questions from philosophy, some involving thought experiments you can try at home, some involving true stories and some not-so-true. Enjoy having a family argument about something more profound than whose turn it is to do the dishes!
2000	Parent	Rebecca Howell	Parent discussion on Executive Function Skills	Often an area that high learning potential and dual or multiple exceptional (DME) children struggle with, discuss and learn about executive function skills – the cognitive processes that regulate behaviour, help us make decision and achieve goals. Discuss with other parents how these manifest in your child and how they can be supported.

#### Saturday 24

0930	5-8	Rowan Bendall	Your Brain: A User's Guide to Thinking	While scientists are working hard to try and explain how our brains work, we are a long way from having all the answers. We will explore some of the ideas and try out some techniques for understanding our thinking a little better. From the basics of the electro-chemical processes to how we can practise positive thinking and reinforce our thinking pathways, we will examine some of the ways we can be influenced and how to sift through the enormous amount of information we are exposed to everyday.
1130	8-11	20Twenty	Zine It!	Explore zine making with artist, Marian Savill. In this presentation you will learn what zines are, explore different styles and make your own zine with just a few basic supplies.
1400	11-14	Tom Briggs	The Mathematics of Black Holes	Black Holes - one of the most fascinating objects in the known universe - have been entirely theoretical for most of the time that humanity has been talking about them. Their existence has been confirmed only relatively recently but they were predicted - or discovered - by maths. How? Why? And most importantly: what would happen if you fell into one?
1600	Parent	Joe Seddon	Why now is the time to start thinking about university	The best universities deserve the brightest minds - but things don't always end up that way. This presentation will introduce students and parents to the process of applying to highly selective universities. Myths will be busted and

	/ young person			assumptions will be challenged. It will soon become apparent what really counts, and not always the things you might expect.
1800	Family	Bobby Seagull	Bobby's Family Quiz Night	As a Celebrity Mastermind champion and University Challenge captain, Bobby loves quizzes! This quiz will test your knowledge of school subjects and popular culture.
2000	Parent	Rebecca Howell	Parent discussion on Educational Strategies for HLP Young People	What are the best educational strategies for high potential learners at home and in school? Learn about the Significant Seven and discuss which of these tried and tested strategies would work well for your child. Consider learning opportunities that use the Significant Seven and find out how other parents use these with their children.

### Sunday 25

0930	5-8	Catherine Holden	Top Secret Guide to Spies and Spycraft	Ever wondered what it takes to be a successful spy? Sneak a peek into the 'need to know' world of gadgets, decoys, codes and surveillance. We'll also furtively observe some of the real people who have made an art of spycraft and see what clues we can pick up from them. Don't tell your friends!
1130	8-11	Got-a-Head?	A Magic Roundabout	<p>Want to Monkey (Bar) around designing something magic as you add a bit of Zip (Wire) to your imagination. Join us for a-Maze-ing creativity as you Swing between Deep-Sea Slides and a Wild West Chute-Out. Blast off your brain to go Roundabout a whirlpool or a black hole.</p> <p>We will be showing you how to use the QWERTY® staged thinking technique to design a fabulous themed playground. You will be devising your own playground as we go along, which you can then draw or build (in the form of a 3D model) afterwards.</p> <p>Health warning: This could seriously improve your thinking skills!</p>
1400	11-14	Jake Scott	Conservative Revolution: Paradox or Possibility? Political theory in action	The purpose of this presentation is two-fold: first, to demonstrate to an audience of any age the applicability of political theory to the real-world, and what political theorists do on a daily basis; and second, in terms of that

				demonstration, to explore the possibility of a conservative revolution in the thought of Edmund Burke, and what that means for conservatism today.
1600	Parent	Rowan Bendall	What about me? Parent self-care for uncertain times	<p>2020 has presented many challenges. Change, uncertainty, the loss of “normal”, isolation, being cooped up with intense family, emotional build-ups, lack of support networks, boredom, loss of routine, unreasonable expectations. It is so easy to get caught up in the day to day repetition of family life, but now more than ever it is essential, for ourselves and for our families, that we parents make time and space in our busy lives to bring some balance, recharge our energy, and refresh ourselves – ready to take on the world and be the best parents we can be!</p> <p>With an emphasis on the HLP household, especially with a bit of DME thrown in, Rowan will share with you some of the ideas, techniques and little moments you can add to your day, that will help you to find a little personal satisfaction, intellectually and emotionally. You will be able to take away practical ideas to help you reconnect with often intellectually and emotionally intense children, ways to keep your own worries in perspective, and to find your own balance and calm.</p>
1800	Family	Gregor Forrest	Mobile Photography: How to create stunning images	<p>Music and lifestyle photographer Gregor Forrest presents a beginners guide on how to take great photographs with only a smartphone or tablet. Covering the basics of how digital cameras work, rules of composition and mobile editing techniques, Gregor will guide you through the process of creating your own stunning photograph you will be proud to share with friends and family. Today, smartphones and tablets contain all the tools required to create eye-catching photographs and are the best way to start experimenting with photography</p>
2000	Parent	Got-a-Head?	Think Better, Do Better, Feel Better!	<p>Our QWERTY® staged thinking technique, and associated Forget-Me-Nots, offer practical strategies to support your child in English, Maths, and a swathe of other subjects (and not just those in an educational setting!).</p> <p>In this practical session, chock-full of examples, we will show you how you can use QWERTY® and other tools to support your child’s learning. We’ll</p>

				demonstrate ways that you can help them increase intellectual challenge, enhance their creativity, and make them more confident learners.
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### Monday 26

0930	5-8	20Twenty	Name in Motion	During this Name In Motion presentation you will gain an insight into how some of the great StopMotion Animation films were created. Using the free "StopMotion Studio" app you will learn the fundamental basics by putting your name into motion!
1130	8-11	Catherine Holden	Battle for Food: Rationing in WW2	World War Two didn't just affect the people fighting on the front lines. Back at home, everyday life changed significantly as more and more restrictions were introduced. What was it like to have your food rationed? What were the effects on people's health, behaviour and morale? Find out how people coped (or didn't) with food rationing and what was <i>really</i> on the menu for dinner!
1400	11-14	Susannah White	Inspiring Originality	Do you ever find it difficult to get started with creative writing? Do you ever go blank when faced with an empty page or screen? There are many strategies to encourage creative and original thinking and in this presentation you will be introduced to three of them: inspired by words, inspired by an image and finally, inspired by sound. Get your note pads ready and prepare to be surprised at how your imagination can come to life!
1600	Parent	Dennis Sherwood	How to encourage creativity in your child	Many people think that 'creativity' is in general a 'good thing'. So, if that's you, and if you wish to encourage your child(ren) to be creative, this presentation will give you some very easy-to-use tips on how to do just that. And no, it isn't about getting the painting box out, or about sitting in front of a piano. It's a lot easier, and more pragmatic too... To participate, you can just zoom in - but you'll get even more from the session if you have a paper and pencil close by. The session will be led by Dennis Sherwood, one of the country's leading experts on creativity, with much experience helping to enrich the creativity of companies, schools and many universities too.

1800	Family	Professor Jeff Forshaw	Einstein's Theory of Relativity	Prof Jeff will explore this theory using no more maths than the Pythagoras theorem. Get ready to explore with him!
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